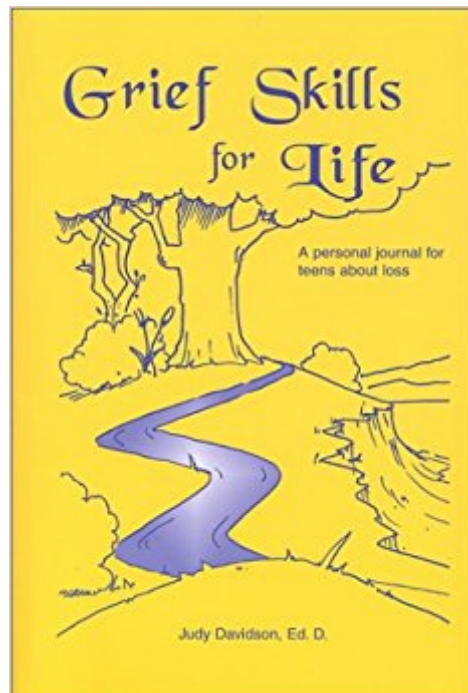




The book was found

Grief Skills For Life: A Personal Journal For Adolescents About Loss



Synopsis

Grief Skills for Life will guide you through the grief process. The grief process is a personal journey that only you can take because you are grieving a special relationship you shared with someone you love. As you write, color, or draw in this journal, you will cry, laugh, remember, process and release. The Center for Personal Recovery is within you. Even though you are healing, know that the love you feel will remain, always, in your heart. Life goes on when a loved one dies whether you like it or not. How you choose to live it is up to you. Your loved one would want you to live it well and live it to the fullest!

Book Information

Paperback: 60 pages

Publisher: Renew Ctr for Personal Recovery Inc; 2 edition (December 1, 2002)

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Average Customer Review: 4.0 out of 5 stars 1 customer review

Best Sellers Rank: #2,506,662 in Books (See Top 100 in Books) #64 in Books > Teens > Social Issues > Death

Customer Reviews

Dr. Judy Davidson is a national consultant, speaker, counselor, and author who was widowed at the age of 30. Her boys were 2 and 7. Her oldest son died in an accident at age 17. She shares her insights as a death educator and trauma specialist with children, parents, and counselors. She is also the author of *Grieving Well: A personal journal for adults about loss*.

Valuable reply for grieving teens and for the adults in their lives who are seeking ways to emotionally support them.

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Adolescents About Loss Hair Loss: Hair Loss Solutions for Beginners - Hair Loss Basic Guide - Hair Loss Cure (Hair Loss Protocol - Hair Loss Black Book - Hair Loss for Dummies 1) Hair Loss Prevention: #1 Hair Loss Prevention And Reversal Techniques, Methods, Treatments And Remedies (Hair Loss, Hair Loss Cure, Hair Loss In Women, ... Protocol, Hair Loss Black book, Baldness) Hair Loss: 5 Easy Steps To Stop and Prevent Hair Loss (hair loss, hair care, bald, beauty care, personal hygiene, natural health remedies, personal health care) Grief and Loss: The Five Stages of Grief and Healing Techniques Used for Supporting Someone Who Just Lost a Love One On Grief and Grieving: Finding the Meaning of Grief Through the Five Stages of Loss Hair Loss Cure & Treatment: Prevention & Effective Natural Regrowth Methods (Hair Loss Prevention, Hair Loss Treatment, Hair Loss Cure, Hair Loss For Men, Hair Regrowth, Self Help) Hair Loss Solutions for Men: How to Cheat Hair Loss for Life (Hair Loss Solutions: How to Cheat Hair Loss for Life Book 1) Bullet Journal: 150 Pages Cactus Pattern Dotted Journal - 8"x10" (Bullet Journal Notebook) - With Bullet Journal Ideas: Bullet Journal Notebook (Volume 1) Bullet Journal: Cactus Green Dotted Journal - 150 Pages (Size 8"x10") - Bullet Journal Notebook - With Bullet Journal Ideas: Bullet Journal Notebook (Volume 2) Infants, Children, and Adolescents (8th Edition) (Berk & Meyers, The Infants, Children, and Adolescents Series, 8th Edition) Treating Trauma and Traumatic Grief in Children and Adolescents, Second Edition DBT® Skills in Schools: Skills Training for Emotional Problem Solving for Adolescents (DBT STEPS-A) (The Guilford Practical Intervention in the Schools Series) Grief Counseling and Grief Therapy, Fourth Edition: A Handbook for the Mental Health Practitioner Transforming Traumatic Grief: Six Steps to Move from Grief to Peace After the Sudden or Violent Death of a Loved One Understanding Your Suicide Grief: Ten Essential Touchstones for Finding Hope and Healing Your Heart (Understanding Your Grief) Empty Arms Journal: 21 Days of Good Grief Exercises for Healing After Miscarriage, Stillbirth, or the Loss of a Baby ATKINS DIET: Weight Loss Secrets and a Quick Start Guide For a New and Permanent You: Rapid Weight Loss Guide For Beginners, Rapid Weight Loss Guide, Atkins Rapid Weight Loss Hair Loss Cure: Everything You Need to Know About Hair Loss, Hair Loss Prevention, Hair Re-growth and Hair Loss Treatments (Hairloss treatment)

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